

Supplement Facts: Each capsule contains:

Ingredients	Strength	Benefits
Ginkgo biloba dry extract	130mg	Improves blood flow, memory, concentration due to certain brain problems, and for relief of premenstrual syndrome, eye problems, and dizziness.
Bacopa dry extract	67mg	Improves memory and thinking skills, anxiety, and attention deficit-hyperactivity disorder.
L- Glutamine	50mg	Semi-essential amino acid that forms from glutamic acid, an energy source for the brain.
Zinc as gluconate	6mg	Plays an important role in axonal and synaptic transmission and is necessary for nucleic acid metabolism and brain tubulin growth and phosphorylation. Lack of zinc has been implicated in impaired DNA, RNA, and protein synthesis during brain development.
Curcumin complex	9.75mg	Helps in the management of oxidative and inflammatory conditions, metabolic syndrome, arthritis, anxiety, and hyperlipidaemia.
Vitamin B5	2.9mg	Helps produce energy by breaking down fats and carbohydrates. It also promotes healthy skin, hair, eyes, and liver.
Dry extract Huperzia	2.5mg	Improve memory by protecting nerve cells.
Vitamin B6	0.66mg	Reduces the risk of heart disease, plays key roles in sleep, appetite, and moods. Helps to make red blood cells, influences cognitive abilities and improves immune function
Vitamin B9	0.096mg	Vital for new cell creation Helps prevent brain and spine birth defects should be taken regularly by all. Also reduces heart disease risk.
Vitamin B12	0.0012mg	Protects nerve cells and encourages their normal growth Helps make red blood cells and DNA.

Description: Memor capsule is a combination of vitamins and minerals which plays an important role in to improve the function of brain and nerves. **Usage:** • To strengthen the functions of the nervous system related to alertness, concentration and mental clarity and memory • Improves the balance disorders.

How to take Memor Capsule Intensive: One capsule two times daily **Maintenance:** One capsule per day, preferably in the evening **Do not take Memor Capsules:** Due to the presence of ginkgo biloba extract, it can increase the action of antiplatelet drugs. Therefore, do not consume Memor capsule together with anticoagulants. Hypersensitivity to any ingredients available in MEMOR.

Precautions Do not exceed the recommended intake. **Taking with other medicines** Tell your doctor if you are taking or have recently taken/used any other medicines as they may interfere with Memor capsule.

Overdose: Accidentally take too many capsules, immediately consult with doctor or contact the nearest accident and emergency department. Show any leftover medicines or the empty packet to the doctor.

Side effects: No side effect reported. **Shelf Life:** 02 Years. **Instructions:** Dosage as directed by the physician. Store in a dry place below 30°C. Protect from heat, sunlight & moisture. Keep out of the reach and sight of children. **Disclaimer:** This product is a nutritional supplement and not intended for treatment of any disease. **Presentation:** Memor Capsules are available in Alu-Alu blister pack of 3x10's.

ہدایات: خوراک ڈاکٹر کی ہدایت کے مطابق استعمال کریں۔ خشک جگہ پر 30°C سے کم درجہ حرارت پر رکھیں۔ گرمی، سورج کی روشنی اور نمی سے محفوظ رکھیں۔ بچوں کی پہنچ اور نظر سے دور رکھیں۔

For detailed information:

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